



BRANKSOME HALL

Athletic Trainer (Strength and Conditioning Coach)

Employment Terms: Full-Time, Permanent

Start Date: August/September 2022

Branksome Hall, a leading independent International Baccalaureate (IB) World School for girls challenges and inspires students to love learning and shape a better world. Through the unique combination of wellbeing, outstanding academics and international mindedness, Branksome Hall students and employees become impactful leaders. With our values of Sense of Community, Inclusiveness, Creativity and Making a Difference as a foundation, Branksome Hall offers a strong liberal arts curriculum that develops critical thinking and inquiry skills.

The Opportunity:

The Athletic Trainer (Strength and Conditioning Coach) is a new position at Branksome Hall and is someone who will be invested in the success of our student athletes and general student population. The Athletic Trainer will work with our athletics and nursing staff to evaluate athletes' conditions, establish plans for fitness and treatments, and track progress towards injury recovery, health, and fitness goals. A key member of the athletics team, the incumbent works with faculty as they engage with students providing their expertise in a classroom setting. This individual is motivated to assist our students and student athletes to realize their potential in adopting an active and healthy wellness mentality, while also possessing a strong understanding of sports-related injuries and treatments.

The Athletic Trainer is also a key contributor to the ongoing development and coordination of our health, wellness, and fitness programs. The ideal candidate is someone who will have a passion and comfort engaging with and motivating young adults to pursue a holistic approach to leading a healthy lifestyle. Having experience as a strength and conditioning coach will be considered an asset.

The Athletic Trainer's schedule follows the academic calendar during the school year, and the hours for this position are generally during school hours, which will include early mornings, evenings and occasional weekend coverage as required to include team travel.

Responsibilities:

- Evaluating injuries and providing first aid competitive or therapy room setting;
- Attend as required high-risk athletic games and/or events to support student safety and wellbeing;
- Implementing rehabilitation programs for injured athletes and developing injury prevention programs;

- Performing administrative tasks, such as writing reports and instructions, working in collaboration with the Health Center;
- Working with coaches, athletes, medical professionals and teams to evaluate the player's condition;
- Working with Health and Physical Education classes to assist with student's physical fitness and conditioning;
- Working with concussed students and Health care providers, in a return to school and or return to sport plan;
- Speaking to coaches, family members, and athletes to set health and fitness goals.
- Referring athletes to another doctor or other medical staff members;
- Maintaining records relating to athlete condition and training, diet, and treatment plans.
- Handling clerical tasks, such as maintaining inventory, assisting with budgets, or restocking supplies.

Education:

- Related post-secondary training;
- A university degree in Kinesiology, Human Kinetics or Athletic Therapy;
- Athletic therapy certification in good standing with CATA;
- Minimum of 5 years related experience, including experience in a coordinating role;
- The following up to date and current certificates:
 - Standard First Aid and CPR-C certification
 - Certified Strength and Conditioning Specialist (CSCS)
 - Concussion Management certificate

Experience and Skills:

- Strong understanding of the challenges student athletes face and an overall understanding in relation of the following: proper nutrition, sports injuries, treatment options etc.;
- Recognize and/or assess for the potential of a sport related traumatic brain injury/concussion;
- Provide education, guidance and/or counseling for, and administer appropriate return protocols for patients returning from sport related traumatic brain injuries
- Experience in program development and coordination;
- Ability to work collaboratively with a range of stakeholders;
- Experience working with children;
- Excellent problem solving, decision making and strong organizational skills;
- Effective communication and interpersonal skills;
- Ability to build rapport with students, parents and adults;
- Use of an information management system to maintain appropriate medical records/documentation to comply with accepted best practice guidelines;
- Willingness to learn new technologies;
- Strong team player.

How to Apply:

If you are interested in making a difference in the lives of young people, [please apply](#) by **June 1, 2022**. The posting will remain active until the position is filled.

Applications will also be accepted by mail, please send your resume and cover letter to the following address:

Branksome Hall
Human Resources
10 Elm Avenue
Toronto, Ontario
M4W 1N4

Branksome Hall is an equal opportunity employer and welcomes applications from all candidates who meet the minimum requirements for the position. Branksome Hall is strongly committed to diversity, equity and inclusion within its community and especially welcomes applications from racialized persons/persons of colour, Indigenous/Aboriginal People of North America, persons with (dis)abilities, LGBTQ persons, and others who may contribute to the further diversification of ideas, and champion diversity in its broadest sense. Accommodations are available upon request for candidates engaging in all parts of the recruitment and selection process at Branksome Hall.

We thank all candidates for their interest; however, only those selected for an interview will be contacted.

To learn more about working at Branksome Hall, please visit www.thinkerswanted.ca or visit our website at www.branksome.on.ca.